

Sendung vom 05.05.2022, 22:00 Uhr

mit Jens Helmer

22:00:00	Nachrichten, Wetter, Verkehr	03:00
22:03:00		
22:03:00	AC/DC - T.N.T.	03:32
22:06:32	High Voltage (Australien, 1976)	
22:06:32	Audrey Horne - Naysayer	03:56
22:10:28	Blackout (Norwegen, 2018)	
22:10:28	Talk	03:00
22:13:28		
22:13:28	Black Sabbath - The Writ	08:44
22:22:12	Sabotage (England, 1975)	
22:22:12	Talk	03:00
22:25:12		
22:25:12	Motörhead - Bye bye Bitch bye bye	04:04
22:29:16	The wörlid is yours (England, 2010)	
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	Vor dem Element ist eine Fehlzeit von 00:44	
22:30:00	Verkehr	01:00
22:31:00		
22:31:00	Metal-News mit Dr. Rock	02:30
22:33:30		
22:33:30	Nightwish - Storytime	05:22
22:38:52	Imaginaerum (Finnland, 2013)	
22:38:52	Capricorn - Rock'n Roll Congregation	03:54
22:42:46	For the restless (Schweden, 2022)	
22:42:46	Talk	03:00
22:45:46		

22:45:46 **Metallica - Creeping Death** 06:36
22:52:22 **Ride the Lightning (USA, 1984)**

22:52:22 Talk 03:00
22:55:22

22:55:22 **Molotov Train - Kill the King** 04:33
22:59:55 **Single (Schweiz, 2022)**

Vor dem Element ist eine Fehlzeit von 00:05
23:00:00 **Nachrichten, Wetter, Verkehr 03:00**
23:03:00

23:03:00 **Rammstein - Angst** 03:39
23:06:39 **Zeit (Deutschland, 2022)**

23:06:39 **Battle Beast - Tempest of Blades** 03:30
23:10:09 **Circus Of Doom (Finnland, 2022)**

23:10:09 Talk 03:00
23:13:09

23:13:09 **Avenged Sevenfold - Hail to the king** 05:15
23:18:24 **Hail to the king (USA, 2013)**

23:18:24 **Flotsam and Jetsam - Demolition Man** 03:35
23:21:59 **The End Of Chaos (USA, 2019)**

23:21:59 Talk 03:00
23:24:59

23:24:59 **Slipknot - Duality** 04:12
23:29:11 **Vol. 3 (USA, 2004)**

Vor dem Element ist eine Fehlzeit von 00:49
23:30:00 **Verkehr 01:00**
23:31:00

23:31:00	Bush - The Kingdom	03:43
23:34:43	The Kingdom (USA, 2020)	
23:34:43	The New Black - Long Time Coming	03:54
23:38:37	A Monster's Life (Deutschland, 2016)	
23:38:37	Talk	03:00
23:41:37		
23:41:37	Machine Head - Catharsis	06:10
23:47:47	Catharsis (USA, 2018)	
23:47:47	Iron Maiden - Different World	04:18
23:52:05	A matter of life and death (England, 2006)	
23:52:05	Talk	03:00
23:55:05		
23:55:05	Stone Sour - Through Glass	04:41
23:59:46	Come What(ever) May (USA, 2006)	